6TH INTERNATIONAL KUMARS RETREAT GYAN SAROVAR, MADHUBAN 2nd – 4th March 2004

WHO CAN COME ?

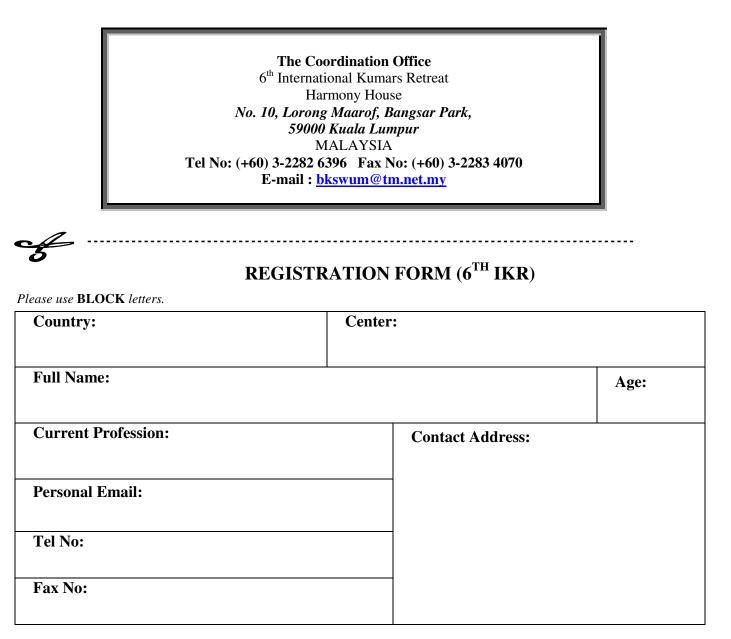
- (a) Young, marriageable age Kumars (20 35 years old)
- (b) Employed (professionals if possible) or university/college students
- (c) Able to attend the Retreat in full.

WHEN DOES THE RETREAT BEGIN ?

The Retreat begins on the 2^{nd} March and ends on the 4^{th} March. All participants should arrive before 2^{nd} March and register themselves at the International Coordinating Office, Vishnu Puri – Gyan Sarovar. All are encouraged to stay in Gyan Sarovar ONLY. If there is any change in the venue, all participants will be informed accordingly.

HOW TO REGISTER ?

Please fill up the form below (1 per participant) and send it **directly to Kuala Lumpur** (address below) by 23rd February 2004, with a copy to your NCO. All queries about the Retreat can be forwarded to the coordination office.



Peace Village – Learning and Retreat Center

Schedule of Retreats for 2004

(for BK circulation only)

L – Lokik BK – BKs only BIO – By Invitation Only

As of February 10, 2004

Mar Th 11-14	BK	Teachers' Training Hindi	Teachers training for Hindi Speaking BKs who have been giving and those wishing to give the RY course.
19-21	BK	Retreat for Karma Yogis (Baba 20)	BKs that help at Peace Village regularly.
Thu 25-28	L	Raja Yoga Intensive	Designed for the serious seeker that wants to take the complete Raja Yoga in an extended week-end.
26-28	BK	'Yagya Sevadharis'	Karma Yoga at Peace Village. For those BKs who would like to lend a finger, earn a fortune.
April 2-4	BIO	Spirit in Leadership – Celebrating Joy	Designed for business and corporate leaders and executives. Please let us know if you have students and contacts who should be invited since this retreat is by invitation only.
9-11	BK	Madhuban Experience	For those BKs who did not go to Madhuban.
16-18	L	Spirituality for Everyday Living: Creating Successful Attitudes	A trilogy of retreats directed at strengthening love for the self, love for God, and love for others.
	L	SML	A practical self-management development program for people who are facing major changes in their life as well as those who wish to introduce change.
23-25	L	Hope in Health Care	For those in the health care profession, to introduce the benefits and practicality of reflection, meditation, and values in a therapeutic setting. Spouses/partners welcome.
	L	Self Realization 'Be Who You Were Born To Be'	Exploring the self through spiritual exercises designed to touch the depths of the self, explore mindfulness; sessions by experienced teachers who enjoy knowing the self.
30 May 2	L	Illuminating the Butterfly Within: Re-Awakening our True Self - Four Faces of Woman Series	Women's retreat for contacts, professionals, and newer students.
May 7-9	L/BK	Silence (Mother's Day)	Open to all (BKs and non-BKs). Come to know yourself in silence. Introductory morning classes for those not familiar with Raja Yoga.
14-16	L	Inner Peace- Inner Power I	This first in a series of retreats will review the knowledge and practice of Raja Yoga Meditation as it relates to the interaction between human souls, God and the material world.
21-24Mon	BK/L	French-Speaking	For French-speaking Brahmins and regular students from all around the globe.
21-23	L	Mental Health	A retreat for psychologists, psychiatrists, social workers, psychiatric nurses and counsellors, aimed at building capacity and clarity by exploring the spiritual dimension
28-Mon 31	BK	BK Couples (Memorial Day)	For BK couples. To be referred through Center Coordinators. International BK couples are welcome to come.
June 4-6	L	Food & Spirituality	Nourish the whole self by learning about the subtle effects of food on thoughts and of thoughts on food, of creating a spiritual atmosphere while cooking. Hands-on cooking experiences.

11-13	L	Living with Self Esteem A Women's retreat	Living with Self Esteem - A Women's retreat: Rediscover your self esteem by re-emerging your true identity. Learn to appreciate value and love yourself. We recommend special outreach to young women.
18-20	L	Spirituality for Everyday Living: Unfolding Unconditional Love (Father's Day)	Use the powers to love, accommodate and discern and the virtues of tolerance, love, and honesty.
25-27	L	Inner Peace - Inner Power II	This series of retreats will review the knowledge and practice of Raja Yoga Meditation as it relates to the interaction between human souls, God and the material world. Pre-requisite for II is Inner Peace- Inner Power I or that material covered at a BK center.
	L	Appreciative Living	Those in the creative arts are encouraged to attend, though this program is for the creative artist in each of us. A time for both, quiet reflection and creative activities, that will help you rediscover and reconnect with valuable treasures within you.
July 2-4	BK	July 4 th Retreat (Independence Day)	Mainly for those on the East Coast
9-11	BIO	Embracing Soul Power (Sr. Nikki)	Professional women with a deep commitment to their spiritual journey and who are in leading positions. Send recommendations to Peace Village.
	BIO	Friends of BKs	For contact souls who are in leading positions in the community.
Mon 12- Th 15	BIO	USA Teachers	Main instrument-teachers of USA, by prior approval.
Th 15-18	BIO	Regional Teachers	Details to be announced
23-26Mon	BK/L	International Spanish Speaking Retreat	For Spanish Speaking BKs and Guests
30-Aug 2	BIO	Private Family Retreat	
Aug Th5-8	L/BK	LVEP Educators Training	For all educators and those working within the educational system An opportunity for friends, co-workers and their families to come together, reaffirming and rejoicing the oneness of human family through diverse cultures
Su 8-Tu10	L/BK	LVEP Educators' Train the Trainer	For those interested in being trained in Living Values Educational Program. Must have attended LVEP Educators Training
13-15	L	Caribbean Professionals	For professionals of the Caribbean background.
	L	Mens	A chance to introduce your male colleagues, friends to new possibilities, through spiritual activities in a light and sage environment. Mainly for non-BKs.
20-22	ВК	Kumaris	The retreat is open to all Americas and Caribbean Region. Invitation is especially extended to all unmarried sisters who are regular students and following principles. Registration must go through Center Coordinators
27-29	L	Powers of the Soul	In the present changing times, spiritual powers are very much needed. Learn how to make these powers your easy companions.
	L	SML	A practical self-management development program for people who are facing major changes in their life as well as those who wish to introduce change.
Su29- Tu 31	ВК	SML Facilitators' Training	Many changes have taken place in the SML workshop. It is therefore, necessary to attend the general SML before this facilitators' training.
Sept 3-5	BK	North American Retreat	BK retreat for those in North America.

Global Retreat Centre

Proposed Schedule as at 14th February 2004 (International)

Friday 12th – 14th March Friday 19th – Sunday 21st March Friday 26th – Sunday 28th March Friday 2nd – Sunday 4th April Friday 9th – Monday 12th April Wednesday 14th – Sunday 18th Wednesday 23rd – Sunday 25th April Friday 30th – Monday 3rd May Friday 7th – Monday 10th May Tuesday 18th – Thursday 20th May Friday 21st – Sunday 23rd May Friday 28th – Monday 31st May Thursday 3rd June – Sunday 6th June Thursday 10th June – Sunday 13th June Friday 18th – Sunday 20th June Friday 2nd – Monday 5th July Friday 9th – Monday 12th July Thursday 15th – Sunday 18th July Thursday 22nd – Sunday 1st August Thursday 5th – Sunday 8th August Friday 13th – Tuesday 17th August Wednesday 18th – Sunday 22nd August Friday 27th – Monday 30th August Friday 10th – Monday 13th September Friday 17th – Monday 20th September Thursday 23rd – Sunday 26th September Thursday 30th Sept – Sunday 3rd October Friday 8th – Tuesday 12th October Friday 22nd – Monday 25th November Friday 29th – Sunday 31st October Friday 5th – Sunday 7th November Friday 12th – Sunday 14th November Friday 18th – Sunday 20th November Friday 26th – Sunday 28th November

Meditation Retreat for UK Guests Retreat for New Students (UK) **Retreat For Scottish Guests** Retreat for Social Workers (UK) Retreat for English Speaking BKs who did not go to Madhuban during 2003/2004 Season LVEP TTT for European Teachers Retreat for Hindi Speaking BKs who did not go to Madhuban during 2003/2004 Season **UK BK Teachers Retreat** Meditation Retreat for International Guests Retreat for Prison Staff (UK) Values in Health Care Training for BKs Retreat for German Speaking BKs Self Managing Leadership Retreat Retreat for French Speaking BKs Retreat for Social Work Managers (UK) Retreat for Greek/Turkish/Hungarian speaking BKs Retreat for Israeli Guests and BKs Retreat for Nordic Guests and BKs LVEP TTT for International Educators Retreat for BK Children (UK) European Teachers Retreat Group I European Teachers Retreat Group II Retreat for European BK Youth **Retreat for Dutch Speaking BKs Retreat for Spanish Speaking BKs** Call of the Time Dialogue (Europe) Self Managing Leadership Retreat Retreat for BKs from USA Meditation Retreat for International Guests Men and Spirituality/Youth Interfaith Retreat (UK) Meditation Retreat for UK Guests LVEP Retreat for Educators (UK) Values in Health Care Retreat for Guests **UK BK Teachers Retreat**

A precious thought to Celebrate Shiv Jayanti

To all the beads of Baba's rosary, the ones whose victory is guaranteed, the ones whose incognito sparkle is soon to become visible so that our Beloved World Benefactor Father Shiva Baba is revealed to the world, greetings of enthusiasm, joy and happiness from your sweet home Madhuban.

This morning after the murli in Shantivan Dadi Ji shared some precious and beautiful thoughts with the class. She also wanted this thought to be shared with all of Baba's children in all four directions of the world. Our Most Beloved Baba's birthday, Shiva Jayanti, is soon approaching and so we should celebrate it with great great splendour. Every BK home and every centre should be decorated from today onwards. Let there be sparkling decorations and many many of Baba's flags all over each home.

At the moment there is a conference for guests happening in Shantivan – last night there was a period of meditation for the guests. The atmosphere at that time became so still and powerful. Dadi Ji's own experience was of the soul being totally bodiless and it was as if the subtle region was right before her. It is this experience of silence, these vibrations of power, light and might that the world needs. It is the power of silence after all that will bring victory over science. Dadi Ji shared the thought that from today onwards until 20th February in preparation and honour of Shiva Jayanti all BK Centers should also arrange a programme of meditation from 6:30 to 7:30pm or 7.00 to 8.00pm to spread these vibrations. Dadi Ji requested that all BK brothers and sisters take part in this, and then with great love and humility she asked, "Do you all accept the thought?" So my brothers and sisters we will join Madhuban in this will we not?

A new fashion ... Dadi Janki – 9/2/04 – Shantivan

There is no one as fortunate as us in the entire kalpa. We hear God's direct versions and become healthy, wealthy and happy. Shiva Baba is the Ocean of Knowledge but it is Brahma Baba who churned that knowledge to make it into nectar for us. Shiva Baba taught us but Brahma Baba became the mother and sustained us. If a child is looked after and sustained well then that child pays attention to the study. The Teacher will simply teach the children for an hour or so in the morning but it is the parents who then have to make sure that the child studies well.

Even when it comes to the shrimat of the Satguru that shrimat comes through the mouth of Brahma. It is only Shiva Baba who can give us shrimat but it is Brahma Baba who shows us how to live that shrimat. If you wish to experience the fortune of happiness then See Father, Follow Father. If you see this Father you will definitely see Shiva Baba in him. If you don't see this one then you will become distracted and start seeing all sorts of other things and then you certainly won't be able to see the Father.

We can in fact, see three fathers simultaneously – Sakar, Avyakt and Nirakar (Incorporeal). If you see the Incorporeal and the Sakar you are able to see and recognise the Avyakt. It is as if we receive the sense and understanding to be able to do this. Sense and understanding come when we think and churn about the things that Baba tells us. There is no need to think about anything else.

If you think about what Baba tells you then the task and the duty that you have been given also gets done accurately. Shiva Baba relates knowledge to us through Brahma Baba's mouth. Brahma Baba shows us how to listen, understand and imbibe all that Baba has related. This is why we say Brahma Bhojan, not Shiva Bhojan. We say the treasure store of Shiva Baba. Sudama had so much love for God – God was his Friend and so he took a handful of rice, which was all he had, and gave it to God's treasure store. He didn't give according to his capacity but he gave ALL that he had. This is how we should give to Shiva Baba's treasure store.

Baba sometimes says to us "Children what is in your hand. Open your hand and see." You have your fortune in your hands. You have fortune when you remember the Father very well. You can do that also only when you churn and think about the things that Baba says. After all if you remember something that someone has said you automatically remember the person who said it! This is why you must not remember anything else. No need to think about that which has just gone by. No need to think about what you have to do tomorrow. Everything will be good anyway. We need to let go of the habit of thinking.

Our thinking sometimes takes us in wrong direction. It doesn't allow us to follow a straight path. We have carefully made our decision to follow this path. We know the destination is high and we have thought that we have to reach before time. We don't say that we will reach sometime but there is the feeling that we must and we will reach and we will do that before time too. We have to be ready and waiting on the frontier. It shouldn't be that Baba has to call us from afar and it takes us time to reach. Otherwise we will feel bad – we will feel Baba is calling me but how can I get to Him in time. He should call and we just have one step to take.

We are on a plane journey. Until a plane takes off there is lot of checking and attention that is required. Once it takes off though, that's it we are on our way. The things of down below remain down below. The people below can't call us any longer.

Our fellow messengers are sitting peacefully. No one fights or argues with one another. We eat, drink and enjoy but we know that it's not sensible to get up and dance – otherwise we will cause a disturbance. Make this a principle in your life: never to disturb the self or others. The destination is far – we have to sit comfortably. We are sitting together to harmonize our sankars. We have to make our nature sweet and our sankars those of a godly child.

Although the plane has the same destination when we get down we will go our own way – we all have our own part. We are children of One Father – we have to go home. We know who is flying us home and that is why we have faith in the intellect. That is why we have embarked on the plane. We have no worries.

Along with faith in the intellect we have faith in the destiny of the drama. It is our faith in drama that tells us that we will reach the destination on time. We have nothing to think about. This is the type of churning we have done to make ourselves strong and pukka. No other thoughts come. In fact there is no need for any other thoughts. It has become the fashion to say – 'I need to think about this for a while. This is actually old fashioned though. Those who are to come in the new world will just simply say, "I understand." They won't ask too many questions.

So ask yourself do you have such faith in the intellect? Do you have faith in the destiny of the drama? *** Om Shanti ***

- **Essence:** Sweet children, it is now your stage of retirement because you have to go home beyond sound. Therefore, stay in remembrance and become pure.
- **Question:** In order to reach the high destination, to which aspect do you have to pay attention?
- **Answer:** Be cautious about your eyes. They are very deceptive. *Criminal* eyes cause a lot of damage and therefore, as much as possible, consider yourself to be a soul and remember the Father. Practise the vision of brotherhood. Wake up early in the morning, sit in solitude and talk to yourself. God's order is: Sweet children, lust is the greatest enemy and therefore, remain cautious.

Om shanti. Sweetest spiritual children have understood that it is not a human being teaching you here. Only those who can understand this can come here. There has to be the recognition of God. The name is so great, God, and then they say that He is beyond name and form. Actually He is beyond, in a *practical* way. He is such a tiny point. It is said that a soul is a *star*. Those stars are not tiny. This soul, a *star*, is truly tiny. The Father too is a point. The Father is always pure. His praise is: The Ocean of Knowledge and the Ocean of Peace. There is no question of being confused about this. The main thing is becoming pure. There is fighting because of vice. They call out to the Purifier in order to become pure. So, surely you have to become pure. You mustn't be confused about this. Whatever happened in the past, whatever obstacles there were, they were nothing new. Innocent ones have to be assaulted. These things do not exist in other spiritual gatherings. There is no upheaval anywhere else. Here, there is upheaval especially because of this aspect. The Father comes to make you pure and so there is so much upheaval. The Father sits here and teaches you. The Father says: I come when it is the stage of retirement. The law of the stage of retirement began here. So, those who are in the stage of retirement will definitely stay beyond sound. In order to go beyond sound, you have to remember the Father fully and become pure. There is only one way to become pure. If you want to go back, you definitely have to become pure. Everyone has to go back home. It is not just two or four that have to go back. The whole impure world has to change. No one knows about this drama. This is the cycle of the drama from the golden age to the iron age. The Father says: Consider yourself to be a soul and remember the Father and also definitely become pure. Only then will you be able to go to the land of peace and the land of happiness. It is remembered that the Bestower of Liberation and Salvation is only One. There are very few in the golden age and they remain pure. In the iron age, there are innumerable religions and they become impure. This is something easy and the Father tells you in advance. The Father knows that there will definitely be upheaval. If He didn't know this, why would He have created the yukti for you to bring a letter saying that you want to go to drink the nectar of knowledge? He knows that it is fixed in the drama for this fighting to take place. Those who are to be amazed will recognize Him and take this knowledge very well. They even give the knowledge to others, and then oh Maya! You pull them towards you! All of this is fixed in the drama. No one can prevent what is destined People simply say these words, but they don't understand the meaning of them. Children, this is a very high study. The eyes are so deceptive, don't even ask! The world is tamopradhan. At colleges they are very bad. Don't even ask about the situation abroad! Such things do not exist in the golden age. Those people say that it has been hundreds of thousands of years since the golden age existed. The Father says: It was only yesterday that I went away, having given you your fortune of the kingdom. You lost everything. In the world as well, a father says: I gave you so much property and you lost everything. There are even such children who lose all the property in just a short time. The unlimited Father also says: I departed having given you so much wealth. I made you such worthy masters of the world, and now, according to the drama, this has become your condition. You are those same children of Mine, are you not? You were so wealthy! There is an unlimited thing which you explain. There is the story of a boy who used to shout every day that a lion had come. However, the lion never came. One day the lion truly did come. You too say that death is about to come and people say: Every day you say this, but destruction doesn't take place. You know that one day destruction will definitely take place. They have made the story from this. The unlimited Father says that it is not their fault. The same thing happened in the previous cycle too. It is a matter of 5000 years. Baba has said many times: You can continue to write: The museum opened exactly in the same way 5000 years ago

^{*} Words that Baba spoke in English are shown in italics. 1/3

too, to establish the deity religion in Bharat. Write it so clearly that people can come and understand that Baba has come. The inheritance from the Father is the sovereignty of heaven. Bharat was heaven. First of all, there is new Bharat in the new world. *Heaven* then becomes *hell*. This is a very big unlimited drama. All are actors in it. We have played our part of 84 births and are now going back home. Previously, we were masters and we have now become poverty-stricken. We are now following Baba's directions and becoming the masters. You know that you make Bharat into heaven every cycle by following shrimat. You definitely also have to become pure. Because of becoming pure, there are assaults. The Father explains a lot to you children, but then when you go outside, you become senseless. There are those who were amazed by this knowledge, who heard the knowledge, spoke the knowledge and gave the knowledge to others. Then, oh Maya! They become the same as they were previously. In fact, they become even worse. They become trapped in the vice of lust and fall. Shiv Baba is making this Bharat into Shivalaya. So, children you too should make effort. This unlimited Baba is a very sweet Baba. If everyone were to know this, so many would come here. They wouldn't be able to study here because you need solitude to be able to study. Mornings are so quiet and peaceful. We consider ourselves to be souls and remember the Father. How would our sins be absolved except through remembrance? You just have this one concern. You have now become impure and poverty-stricken and so how can you become double-crowned? The Father explains a very simple thing to you. There will be upheavals. There is nothing to be afraid of. This father is very ordinary. He dresses in the same way etc. There is no difference externally. Sannyasis at least leave their home and family and wear saffron robes, but this one's dress is the same. It is just that the Father has entered him. There is no other difference. Just as a father looks after his children with love and sustains them, similarly, this one also does the same. There is no question of arrogance. He lives very ordinarily. However, buildings have to be built for all of you to stay in. They are also ordinary. The unlimited Father is teaching you. The Father is the Magnet. Is this a small thing? When daughters become pure, they receive a lot of happiness. Those people say that there is some power, but they don't understand what that power is. The Father is the Almighty Authority. He makes everyone the same, but not everyone can become the same. In that case, everyone's features would be the same, and their status would also be the same. This drama is predestined. In 84 births, you receive the same 84 features that you received before. You will continue to receive those same *features*. There cannot be any difference in that. These matters have to be understood and imbibed. Destruction definitely has to take place. There cannot be peace in the world at this time. They continue to fight amongst themselves. Death is just over your head. According to the drama, the one original eternal deity religion has to be established and all the rest have to be destroyed. They also continue to manufacture *atomic bombs*. There will also be *natural calamities*. Big rocks will fall and all the buildings etc. will be destroyed. No matter how strong they make the buildings, or how strong the foundations are none of them will remain. They think that such buildings will not fall even in earthquakes. However, it is said: No matter what you do, even if you make 100-storey high buildings, destruction definitely has to take place. None of this will remain. You children have come here to receive your inheritance of heaven. Look what is happening abroad! That is called the *pomp* of Ravan. Maya says: I too am no less. There, you will have palaces studded with diamonds and jewels. There, everything will be golden. There is no need to build any double or triple-storey buildings there. Even the land doesn't cost anything there. You have everything present in front of you. Therefore, children, you have to make a lot of effort. You have to give everyone the message. Children become very good guides and come here to become refreshed. This is also fixed in the drama. They will come again. So many have come. I don't know if I will be able to see them all again or not, whether all of them will be able to stay here or not. So many have come, but there are also those who were amazed by knowledge and then ran away. They write: Baba, I have fallen. Ah! you have lost whatever you had earned. You won't be able to claim such a high status. This is the greatest disobedience. Those people issue an ordinance: No one should go outside after such a time, otherwise they will be shot. The Father also says: If you indulge in vice, you will be shot. God's order is: Remain cautious. Nowadays, they make such things of gas etc. that people die while just sitting. All of this is fixed in the drama because, at the end, no hospitals etc. will remain. A soul quickly

sheds a body and takes another. All his sorrow and suffering ends. There is no suffering there. Souls are free. A soul sheds his body when he has lived his full life-span. Death doesn't exist there. Ravan himself doesn't exist there, so how could death come there? They are demons of Ravan, not of God. God's children are very lovely. A father can never bear to see his children suffering. According to the drama, you experience three-quarters happiness. You should follow the directions of the Father who gives you so much happiness. This is your final birth. The Father says: Stay at home with your family and become pure in this last birth. Only through remembrance of the Father will your sins be absolved. You have sins of many births on your head. You definitely have to become satopradhan from tamopradhan. The Father says: I am the Authority for everyone. I tell you the essence of all the scriptures through Brahma. Consider yourself to be a soul and remember Me and your sins will be absolved. How could you become pure by bathing in water? If there was a little water somewhere then they would even believe that to be a pilgrimage and quickly bathe there. That is called tamopradhan faith. Yours is satopradhan faith. The Father says: There is nothing to be afraid of in this. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Never disobey the order that God has given you to become pure. Remain very, very cautious. Become pure and show the return of the sustenance you have received from both Bap and Dada.
- 2. The destiny of the drama is fixed. Know it and always remain carefree. Enable the Father's message to reach everyone before destruction takes place.
- **Blessing:** May you be stars of success and experience progress in yourselves by using your own method of effort.

Those who experience success and progress in themselves with their own method of effort are stars of success. They would not have the slightest trace of failure in their thoughts, thinking, "I don't know whether this will happen or not, whether I will be able to do this or not." They will experience their own success as a right. They will easily and automatically continue to achieve success.

Slogan: Become the embodiment of happiness and give happiness and blessings will be *added* to your effort.

OM SHANTI

Essence: Sweet children, the Father's duty is to destroy the forest of thorns and create the garden of flowers. Number one *family-planning* is included in this.

- **Question:** What is the *first-class* scripture for *family-planning* and how is it that?
- **Answer:** The Gita is the *first-class* scripture for *family-planning* because it was through the Gita that the Father destroyed all the innumerable religions and established one religion. Only in the Gita does it say: God speaks: Lust is the greatest enemy. When you gain victory over the vice of lust, *family-planning* automatically takes place. This is the work of only the one Father, not of any human being.

Om shanti. God Shiva speaks. The Father sits here and explains to you spiritual children. This world would definitely be called the devilish world. The new world is called the deity world. There are very few people living in the divine world. You should explain this secret to someone. You should explain it to the ministers of family planning. Tell them: According to the versions of the Gita, only the one Father has the duty of family planning. Everyone believes in the Gita. The Gita is the scripture for family planning. The Father establishes the new world through the Gita. According to the drama, this is automatically fixed as His *part*. Only the Father comes and establishes the original eternal deity religion, that is, He establishes a pure nationality. You would call yourselves those of the deity religion. In the Gita, God clearly tells you: I come to establish the one religion and to destroy all the many religions. Then, through this, number one *family-planning* takes place. There will be cries of victory throughout the whole world and the one original eternal deity religion will be established. Now, because there are so many human beings, there is a lot of rubbish. The animals and birds there will be so *first-class* that your heart will be happy just seeing them. There will be no question of fear. The Father sits here and explains: You have called out to Me to come and do family-planning, that is, to take back the impure families and establish pure families. All of you used to say: Baba, come and destroy the impure world and create a pure new world. This planning is only the Father's! Your heart becomes happy as soon as you see it. Your heart becomes happy when you see Lakshmi and Narayan. There, the king, queen and subjects are all *first-class*. So this method of *family* planning is fixed in the drama. You children have to explain: The parlokik Father carries out first class golden-aged *family planning*. He destroys the forest of thorns. This haystack is set on fire. This is only the Father's work. You cannot do anything. No matter how much you do, no one can be successful in this. The Father says: The vice of lust that you consider to be your friend is a very big enemy. There are many who become friends of that. The Father issues an *ordinance*: You have to conquer that. You can explain that the Father says: Lust is the greatest enemy. The poor things don't even know how *family planning* takes place. The Father does this according to the drama every cycle. It has to happen again. There are very few human beings in the golden age. There is no question of worrying about this. The Father is carrying out this work *practically*. Those people beat their heads so much. Also explain to the *education* ministers: People's character now is so bad. The deities had such a good character. Remain carefree while speaking. Tell them: This is not the work of any of you *ministers*. This is the work of the highest-on-high Father. There was one religion, one kingdom and one language in the kingdom of these deities. There were so few human beings. However, very few of you know how to speak with such tact. You don't have that spiritual authority. You should show them the picture of Lakshmi and Narayan. The Father carried out this family-planning. He is now going to do that once again. His kingdom is being established. Baba has said: Always keep the picture of Lakshmi and Narayan at the front, and put many lights on it. Also have this "translight" picture when you go around in the early morning, so that anyone can understand it very clearly. Tell them: We are carrying out this *family-planning*. As king and queen, so the subjects. The *deity dynasty* is being established. All the rest will be destroyed. You say: Oh Purifier come! Come and make us pure. Only the Father can make you that. Only the one deity religion was pure. All the other religions were destroyed. Tell them: This *planning* is only in Shiv Baba's hands. This *planning* is for the golden age. There there is the deity clan; shudras don't exist there. This is *first-class planning*. All the other religions will be destroyed. Come and understand this Father's *planning*. When they hear this from you, many will surrender themselves to you. How can those ministers etc. have viceless *planning*? The Father, who is

God, the Highest on High, has come to carry out this *planning*. He destroys all the other innumerable religions. Everything is in the hands of the unlimited Father. He makes old things new. The Father establishes the new world and destroys the old world. This is fixed in the drama. You should explain: Brothers and sisters: You don't know the beginning, middle and end of this world cycle. The Father tells you this. There aren't as many human beings at the beginning of the golden age. Nor does anyone speak of family-planning there. First of all come and understand the beginning, middle and end of the world. The Bestower of Salvation is only the one Father. Salvation means golden-aged human beings. At first there were very few deities. There was the *first-class* religion. Baba has *first-class planning* of the flowers. Lust is the greatest enemy. Nowadays, people even give up their life because of it. If someone has fallen in love with someone but their parents don't want them to marry one another, they create so much upheaval in the family. This is a dirty world. Everyone continues to prick one another like thorns. In the golden age there is the shower of flowers. So churn the ocean of knowledge in this way. Baba continues to give you signals. You have to refine them. They make many types of picture. Whatever happens, according to the drama, is fine. It is very easy to explain to anyone. Draw everyone's attention to the Father. This is the work of the Father alone. The Father is now sitting up above. He will not do this work. He says: When there is defamation of religion, when it is the devilish kingdom, I then come to destroy all of that and establish the deity kingdom. People are sleeping in the sleep of ignorance. All of this will be destroyed. Only the *family* of those who become viceless will come and rule the kingdom. It is remembered that establishment took place through Brahma. Of what? Of this *family*. It is being *planned*. Brahma Kumars and Kumaris are becoming pure and so a pure new world is definitely needed for them. This most auspicious confluence age is very short. Very good *planning* takes place in 60 to 70 years. The Father enables all of you to settle your karmic accounts and takes you back home. You will not take all of this rubbish back there. Dirty souls cannot go back there. This is why the Father comes and makes you beautiful and takes you back home. Churn the ocean of knowledge about such things. You continue to have realization. The Father says: I am carrying out the rehearsal for establishing the one religion. Who carried out this *family-planning*? The Father says: I am doing My work exactly as I did in the previous cycle. You call out: Change the impure family and establish the pure family. At this time all are impure. They spend hundreds of thousands on weddings. They celebrate so much and then from being pure, they become impure. You children should now carry out this Godly business. You should explain to everyone. All are sleeping in the devilish sleep. They should be awakened. Become beautiful and make others the same, so that they can love the Father. What will you receive if you don't do any service? Those who become emperors must definitely have performed some good actions (karma). Anyone can understand this. They are the king and queen. I am a maid or a servant and so you all must have definitely performed such actions in your previous birth. By performing bad actions, you receive a bad birth. The philosophy of karma (actions) continues. The Father is now teaching you to perform good actions. There, too, you will definitely understand that you became that according to your actions in your previous birth. But you will not know what actions you performed. Actions are remembered. The more good actions someone performs, the higher the status he receives. Only by performing elevated actions do you become elevated. If you don't perform good actions, you end up sweeping the floors, you have to bow down to others. That would be said to be the fruit of actions. The theory of karma continues. By following shrimat you perform good actions. There is a vast difference between an emperor and the maids and servants. The Father says: Now follow the Father. If you follow My shrimat you will receive a high status. The Father also grants you visions. Mama, Baba and the children all become so elevated. That too is because of their actions. Many daughters don't understand about karma. At the end, everyone will have visions. If you study well, you will become a lord. If you weep and wail you will be spoilt. This happens in worldly study too. God speaks: At this time, the whole world is burning on the pyre of lust. They say that their stage is spoilt when they look at a woman. There, people's stage won't become spoilt in this way. The Father says: Do not look at the name and form. Simply see one another as brothers. The destination is very high. You have to become the masters of the world. No one would ever have it in their intellect how Lakshmi and Naravan became the masters of the

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world. The Father says: I make you into the masters of heaven. Lakshmi and Narayan were full of all virtues. Nowadays, look at what those whom you consider to be new *blood* continue to do. Did Gandhiji teach this? There has to be a way to establish the kingdom of Rama. This is the work of the Father alone. The Father is *ever*-pure. You remain pure for 21 births and then you become impure for 63 births. You have to be so intoxicated to explain this. The Father continues to tell you children: Children, become pure. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. In order to make your stage constantly stable, do not look at the name and form of anyone. Simply see one another as brothers. Make your vision pure. Adopt spiritual authority when explaining to others.
- 2. In order to receive the Father's love, do the same business as the Father. Awaken those who are sleeping in impure sleep. Become beautiful and make others the same.
- Blessing: May you be a destroyer of obstacles, remaining stable in the stage of the point-form and remind others of the drama point.
 Children who don't have a question about anything and who always remain stable in the point-form and remind others of the drama point in every task are said to be destroyers of obstacles. They make others powerful and take them close to the destination of success. They are not happy to see the attainment of limited success, but are images of unlimited success. They are constantly stable. They remain stable in a constant stage. With their own stage of success, they are able to transform any failure.
- **Slogan:** Receive blessings and give blessings and you will very quickly become conquerors of Maya. *** O M S H A N T I ***

Essence: Sweet children, remove your attachment from everything including your body. Only when you souls become karmateet will you be able to return home.

Question: What causes great fear in a soul and why is there that fear?

Answer: Souls have a great deal of fear of leaving this body because they have grown attached to their body. Even if a soul wants to leave his body because of sorrow, he still has to experience punishment for his sins. You children have no fear at the confluence age. You have even greater happiness that you will leave your old body and go to the Father.

Om shanti. Sweetest children, it has been explained to you that firstly there is knowledge and secondly there is devotion. This is fixed in the *drama*. No one knows the beginning, the middle and the end of the drama. In the golden age there is no fear of death. They understand that they have to shed their body and take another. There is no question of experiencing sorrow or crying etc. Here, there is fear of death. Souls experience sorrow on leaving the body. There is fear, because the soul still has to take another birth and experience sorrow. You are now at the confluence age. The Father has explained to you children that you now have to return. Return where? Home! That is God's home. Here is not your home. The place where God and you souls reside is called the home. Bodies do not exist there. People say that they reside in Bharat, that Bharat is their home. In the same way, you say that we, that is, we souls, reside in our home there. That is the home of souls. This is the home of human beings. That is called the land of liberation. People make effort to go there and meet God. There should be a great deal of happiness in meeting God. The body belongs to the soul and the soul has developed a great deal of attachment to it. This is why, when there is even a little illness, souls are afraid that they may have to leave their body. There is also fear on the path of ignorance. This is the time of the confluence age when you understand that you are now to return home with the Father. Therefore, there is no question fear. The Father has shown you a very good method. Impure souls cannot come to Me in the land of liberation. That is the home of pure souls. This is the home of human beings. This body is made up of the 5 elements. The 5 elements pull you down to reside here. These elements – air, water and ether etc. – do not exist there (in the soul world). This is the way to churn the ocean of knowledge. Souls adopt this *property*, the body; this is why they develop attachment to it. However, you souls are in fact residents of that place. You souls are now making effort to return home once again. When you souls become pure you receive happiness. There is no question of sorrow. At this time, it is the land of sorrow. So these 5 elements pull you down to play your part. You definitely also have to take the support of matter otherwise, this play couldn't continue. This play is of happiness and sorrow. When you are happy you do not have attachment to your body of the 5 elements. There, you remain pure; you don't have attachment to your body. Now you have to renounce all your attachment to the 5 elements of matter. You will become pure and then your bodies will be created through your power of yoga. This is why Maya will not be there to pull you. That body of yours will be created through the power of yoga and this is why there is no sorrow there. This drama is created in such a *wonderful* way! These are very subtle matters that have to be understood. Those who are very clever and remain present on service are able to explain very clearly. The Father has said: By donating wealth, it can never decrease. If you donate it you will also imbibe it. Otherwise it will be difficult to imbibe it. Don't think that you can imbibe it simply by writing it down. Yes, you can write the *points* down and send them to others for their benefit. That is a separate matter. Otherwise, it would be of no use to you. Some just write things down and waste paper. This is also something that you have to understand internally: I write it down, but how do I use it afterwards? What benefit is there if after writing it down you throw it away? This too is a way in which souls deceive themselves. These things have to be imbibed. The Father hasn't memorized anything that has been written down. The Father continues to explain every day. First of all, you must have a connection with the Father. It is only by having remembrance of the Father that you souls can become pure. Then, when you go there you will remain pure. Both the soul and the body remain pure there. After that power ends, the power of the 5 elements pulls souls. You souls now desire to renounce your body and return home. You are now becoming pure. Then you will leave the body as easily as a hair is pulled through butter. You have to remove all your attachment from everything including your own body. You souls came without a body and you were *pure*. You had no attachment to this world. There, no one cries when a soul

leaves the body. There is no difficulty or illness. There is no attachment to the body. It is as though souls are playing their part. A soul's body grows old, he leaves it and takes another one in order to play his part. There is no kingdom of Ravan there. At this time there is the desire to go to the Father. The Father says: Remember Me. This knowledge is in your intellect. The Father says: You have to become pure and come to Me. Everyone is now impure. This is why there is attachment to this puppet of the 5 elements and no one wants to leave it. Otherwise, reason says that if we leave our body, we can then return to the Father. You are now making effort to become pure and return to the Father. The Father says: You used to belong to Me. You souls must now remember Me and become pure once again. There, there will be no difficulty adopting a body. Here, people call a doctor etc. because they have attachment to the body. You should have the happiness that you are now to return to Baba. You no longer have a *connection* with your body. You have been given your body in order to play your *part*. There, both the soul and body are very healthy. There is no trace of sorrow. Therefore, children, you should make a great deal of effort. You are now to go to Baba, so why should you not renounce your body and return? However, until you become pure and reach your karmateet stage by having yoga, you will not be able to return to the Father. Human beings who are ignorant cannot have such thoughts. You children are able to have such thoughts. You now have to return. Initially, souls had power, they were happy. They never had any fear. People do bhakti etc. because there is sorrow here. However, they do not know the path to go back home. Only the one Father can show you the path to return there. You have the happiness that you are to return to the Father. The Father explains that you have attachment to your body here, and so you have to remove that attachment. This body is of 5 elements. All of this is Maya. Everything that you souls see with those eyes is nothing but Maya. Here, there is sorrow in everything. There is so much dirt. The bodies in heaven are *first-class* and you will have first-class palaces as well. There is no question of sorrow. This play is predestined. These matters should enter your thoughts. The Father says: If they don't understand anything, then tell them: At least remember the Father so that your sins can be absolved and you can go to heaven. You are a soul. You receive this long tail of the body afterwards. So why have we become trapped in it? The Father explains: This is called the kingdom of Ravan. In the kingdom of Ravan there is nothing but sorrow. There is no question of sorrow in the golden age. Therefore, because we have become weak we are now taking power from the Father. Body consciousness makes you totally weak. The Father says: This predestined drama can never end. There is no question of eternal liberation etc. This drama is predestined. It has been said: Why worry about what is destined to happen? Whatever has passed will happen once again. There is no question of worrying. Nothing bad happens in the golden age. Here, there is worry. The Father says: This is the *drama*. The Father has shown you the way to return to Him. It is as easy as pulling a hair through butter. You souls simply have to remember Me and become pure. There is no other method to become pure. You now understand that you are sitting in the kingdom of Ravan. There, it is the kingdom of God. This play is about the kingdom of God and the kingdom of the devil. No one understands how God comes and carries out establishment. The Father is called the Ocean of Knowledge. Only He can come and explain everything. You now understand the entire knowledge. Later on, you will forget all this knowledge. You will even forget how you received your status through this study. When you go to heaven all of this knowledge will have disappeared. You will not know how God made you into those with a *double* crown. If this one didn't know anything, how could those who study the scriptures know anything? This knowledge will not even touch them. You come here and listen and this is why it instantly touches you. All of this is incognito. The Father speaks to you, but is anything visible? It is understood. Have you ever seen a soul? It is understood that souls exist. It is possible to see one with divine vision. The Father says: What would you understand by seeing it anyway? Souls are just tiny points. There are countless souls. You would have a vision of 10 to 20 souls. You would not understand by just seeing one soul. Many have visions. How would they understand whether they were seeing a soul or the Supreme Soul? The contrast would not be understood. Whilst sitting you may see tiny souls but you are not able to know whether it is the soul or the Supreme Soul. You now understand that there is a great deal of power in such a tiny soul. The soul is the master. He renounces one body and enters another in order to play his part. This is the wonder of nature. If someone's body becomes ill or he goes bankrupt, he feels that it would be better to

leave the body, that if the soul leaves his body he would be liberated from pain. However, how can the burden of sin that is on his head be removed? You have to make effort to have your sins absolved through remembrance. A great deal of sin has been committed due to Ravan, and the Father shows you the way to be liberated from that. He simply says: Continue to remember Me. You should leave the body in remembrance and all your sins etc. will end. To stay in remembrance is not as easy as going to your aunty's home! When you try to remember Me Maya causes you a great deal of distress. She repeatedly makes you forget Me. Baba tells you his experience: I try very hard but Maya still puts obstacles in the way of my remembrance, even though we are both together. Even though we are together, I repeatedly forget Him; it is very difficult. Again and again, someone else or something else is remembered. You make very good effort. Some tell tall stories. They write a chart for 10 to 15 days and then leave it. You must be very cautious about this. It is understood that when you have all become pure and reached your karmateet stage, you will win. This is the Godly lottery. To remember Baba is called the thread of remembrance. It is a question of using your intellect to understand. Some say that they remember Baba. However Baba says: You don't even know how to remember Him. There is a difference in the levels of status. How is the kingdom created? You have ruled a kingdom many times and lost it again. Baba comes and teaches you every 5000 years. Then, in the kingdom of Ravan, you fall onto the path of sin. Those who were deities fell onto the path of sin. So the Father explains the many deep aspects of how to remember the Father. It is very easy. You will leave the body and go to the Father. Only when you recognise Me can your sins be absolved with the power of yoga. That can only happen at the end. No one returns now, no matter what they may do. Only I come and teach you accurate yoga. Then that power of yoga lasts for half a cycle. There, you experience limitless happiness. People do all sorts of things on the path of devotion. Bhakti doesn't remain when the Father comes and gives knowledge. The day dawns with knowledge and then there are no more difficulties. Bhakti is the night, the time of stumbling. There, there is no question of sorrow. All of these matters will sit in the intellect of the *saplings* who belong here. These are very subtle matters. Knowledge is *wonderful* and it cannot be explained by anyone except the Father. There are very few who understand. This too is fixed in the drama. It cannot be any different. People think: What is there that God cannot do? However, God only comes once. He comes and shows the way to heaven. Now, the intellect of you children has become very broad. Both of us are together. When this one (Brahma) looks at someone, he has the consciousness of giving that soul a donation of peace. One can understand on seeing them whether they belong to our clan or not. The task of you serviceable children is to feel their pulse. They will become silent if they belong to your clan. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- In order to become pure and return home with the Father, don't have attachment to the puppet 1 of the 5 elements. Remove all fear of leaving the body. Be very attentive and increase your chart of the pilgrimage of remembrance. Purify the soul 2. with the power of yoga. Become karmateet and win this Godly lottery May you be victorious and become free from obstacles by considering all obstacles to be **Blessing:** games of entertainment and pass them. It is good for obstacles to come. However, obstacles should not cause you defeat. Obstacles come to make you strong. Therefore, instead of being afraid of obstacles, go across them by considering them to be entertaining games. Only then will you be called victorious, free from obstacles. Since the Father, the Almighty Authority, is with you there is no need to be afraid. Simply remain *busy* in remembrance of the Father and service and you will become free from obstacles. It is when the intellect is *free* that obstacles and Maya come. Remain *busy* and then obstacles and Maya will leave you.
- Slogan: In order to accumulate an account of happiness, give everyone happiness according to the code of conduct. *****OM** SHANTI***

Essence: Sweet children, you now have to return home. Therefore, become detached from your old body and the old world. In order to *charge* your *battery* sit in the furnace of yoga.

Question: Which children receive the full *current* from the Father?

Answer: Those whose intellect does not wander outside. Those who consider themselves to be souls and remember Him receive the Father's current. Baba gives such children sakash (current of light and power). The duty of you children is to catch the current that the Father gives, because it is only through this current that the *battery* of your soul can be *charged* and you will then receive strength and your sins can be absolved. This is called the fire of yoga. You have to practise this.

Om shanti. God speaks: Now you children must also remember the home. The Father only tells you about the home and the kingdom. Children, you also understand about where the home of souls is and what the soul is. You have also clearly understood that the Father has come to teach you. Where does the Father come from? From the supreme abode. It would not be said that He comes from the pure world in order to create the pure world; No. The Father says: I have not come from the pure world of the golden age. I have come from the home, the home that you children came down from to play your part. I also come from the home every 5000 years, according to the *drama-plan*. I reside in the home, in the supreme abode. The Father explains in a very simple way, as though He has just come from a neighbouring town. He says: Just as you came down to play your part, according to the *drama-plan*, I have also come from there to play My part. I am knowledge-full. According to the drama-plan, I know all of these things. Cycle after cycle, after you become completely ugly by sitting on the pyre of lust, I tell you these same things. People become totally ugly in a fire. You have also become ugly. The power that you had when you were satopradhan has completely vanished. The *battery* of the soul should not be *allowed* to become completely *discharged*, so that the *motor* car would come to a standstill. The time has now come when everyone's battery is discharged. Therefore, the Father says: I have now come, according to the drama, to charge the battery of those who belong to the original eternal deity religion. Your *battery* will definitely be *charged*. However, it isn't recharged simply by coming here in the morning. No, your battery must be charged by staying in remembrance as you walk and move around. Previously, you souls were pure and satopradhan. You were real gold, real ornaments. You are now tamopradhan. Souls now have to become satopradhan once again and will then receive a pure body. This is a very easy furnace in which to become pure. This can also be called a yoga furnace. Gold is put in a furnace. This is the furnace to purify souls, the furnace of remembering the Father. You must definitely become pure. If you don't stay in remembrance you cannot become so pure. You also have to settle your karmic accounts because this is now the time of settlement. Everyone has to return home. The remembrance of the home is in your intellect. It is not in anyone else's intellect. They consider the brahm element to be God. You are actors of this unlimited drama, and you have also come to know the drama very clearly. The Father has explained that the cycle of 84 births is now ending. You now have to return home. It is because souls have become impure that they call out to Baba to come and purify them and take them home. Otherwise, you cannot return home. He sits here and explains all of these matters to you children. You children have understood this and this is why you call Him the Mother and Father. You also refer to Him as the *Teacher*. People consider Krishna to be a *teacher*. You children understand that Krishna himself was studying in the golden age. Krishna neither became anyone's *teacher*, nor did he study and then become a *teacher*. No. You children understand the story of Krishna's 84 births from his childhood to maturity. People consider Krishna to be God and say: Wherever I look, I only see Krishna. The devotees of Rama say: Wherever I look, there is only Rama. The whole thread of devotion is in a complete tangle. You now know the famous, ancient yoga and knowledge of Bharat. People don't know anything. It is only the Father, the Ocean of Knowledge, who gives you children this knowledge, and so you are also called master oceans of knowledge. However, this is numberwise, according to your effort. Should you be called an ocean or a river? You are the Ganges of knowledge. People become confused about this too. It is absolutely accurate to say: Master oceans of knowledge. The Father teaches you children. There is no question of males or females in this. All you

souls claim your inheritance, and this is why the Father says: Become soul conscious. Just as I, the Supreme Soul, am the Ocean of Knowledge, in the same way, you are also master oceans of knowledge. I am called the Supreme Soul. My duty is the highest of all. A king and queen also have a very great duty. You too have been given a great duty. Here, you souls understand that you are studying. The Supreme Soul is teaching you. Therefore, may you become soul conscious. All of you become brothers. The Father makes so much effort. You souls are now receiving this knowledge. When you go there, your reward will continue. There, everyone has brotherly love. There should also be very good brotherly love here. It should not be that you give regard to some and not to others. Although those people say that Hindus and Muslims are brothers, they do not give one another that *regard*. It is accurate to say that you are all brothers, not brothers and sisters. This is a *brotherhood*. Souls come here to play their part. There too, you reside as brothers. You all definitely reside as brothers in that home. These costumes and the consciousness of brother and sister have to be renounced here. Only the Father gives the knowledge of brotherhood. Souls reside in the centre of the forehead. That is the place on which you have to focus your sight. I, the soul, am sitting here on the throne of this body. This is the throne of the soul, the immortal throne. Death never comes to a soul. Everyone's throne is in the centre of the forehead. The immortal soul is sitting on this throne. This is a very deep matter to understand. When a soul enters the body of a baby, it sits in the centre of the forehead. Then that small throne grows larger. Here, souls have to experience suffering in the womb. Then they repent and promise that they will never become sinful again, but, in fact, souls become sinful for half the cycle. You souls are now being made pure by the Father. You give everything – your mind, body and wealth – to the Father. No one else knows how to give such a large donation. Those who give and take donations come in Bharat. These are subtle matters that have to be understood. Bharat is the eternal land. All other lands are going to be destroyed. This is predestined in the drama. This is only in your intellect. No one else in the world knows this. It is good to refer to this as Knowledge is your source of income. You earn a great deal of income through this. knowledge. The Father gives you the *knowledge* of how to remember Him and also the *knowledge* of the world cycle. It is this that requires effort. You souls now have to return home, and this is why you must become detached from the old world and your old body. Whatever you see, including your body, is going to be destroyed. You are now going to be transferred. Only the Father can tell you these matters. This is a very big examination which only the Father teaches you. There is no need for any books etc. in this. Just remember the Father. The Father explains the cycle of 84 births. No one else knows the *duration* of this *drama*. They are all in immense darkness. You have now woken up. People don't even wake up. You try so hard to awaken them, but they don't have the faith that God has come and is teaching you. He must surely enter someone. The Father now advises you souls what to do, so that people can understand. It is very easy for you, but you are all numberwise. Students in a school are also numberwise. They are also numberwise in how they study. A huge kingdom is being created through this study. You should make so much effort that you become a ruler. Cycle after cycle you will continue to make the effort that you make at this time. This is called the Godly *lottery*. In the old world some win a small *lottery* and others win a big lottery. This lottery is for a kingdom. The lottery that you souls win here is according to your actions. Some become poor, some become wealthy. It is at this time that you children receive the complete *lottery* from the Father. Everything depends on the effort you make at this time. The number one effort you make is for remembrance. You must first of all become clean through the power of yoga. You understand that to whatever extent you remember the Father you will imbibe knowledge and will also be able to explain to many others and create many subjects. No matter what religion people may belong to, whenever you meet them, give them Baba's introduction. As you progress, they will understand that destruction is just ahead. People will develop disinterest at the time of destruction. You simply have to say: You are a soul. Who says: God the Father? It is the soul that says this. Now the Father says to souls: I have become your Guide to take you back to the land of liberation. However, souls can never be destroyed, and so there is no question of attaining eternal liberation (moksh). Each one has to play his own role. All souls are immortal and can never be destroyed. However, in order to go home, you have to remember the Father so that your

sins can be absolved. Only then can you return home. Ultimately, the great sannyasis will also understand that everyone has to return home. Your message will become stamped on everyone's intellect. This is why there is the praise: Oh God! Your ways and means are wonderful! Therefore, He must surely have given directions to someone. Or, would He keep them to Himself? Salvation is granted through His directions and so He would surely tell you those. And yet they say: Only You know Your ways and means. We do not know. This is also something! The Father says: You receive salvation by following shrimat. You now understand that whatever Baba hears, he teaches you. You say that you recognise the Father whereas others simply remember and say: Only You know Your ways and means. You do not say this. All of this knowledge will enter your intellect, but this also takes time. As yet, no one has become complete. When you do become complete, you will not remain here. No one can return yet. Everyone is still making effort. In the beginning, when Baba had intense distaste for the old world, he realised that he was to become one with a *double*-crown. Baba showed me this according to the drama and I instantly became happy. Because of that happiness I renounced everything. As well as having a vision of the four-armed image of Vishnu, I also had a vision of destruction. I realised that I was to now receive the kingdom, and that destruction would be taking place in just a few days. The intoxication rose very high. It was understood that this is right. The kingdom will be created and many will become part of it. What would I do there on my own if I went alone? You receive this knowledge now. In the beginning the degree of happiness rose very high. Everyone now has to make effort. You are sitting here in order to make effort. You have to sit in remembrance early in the morning. It is very good to sit in remembrance. You understand that Baba has come. Has Baba come or has Dada come? Only the molasses and the container of the molasses know the sweetness of the molasses. Baba continues to look at each child. He sits here and gives a current of power (sakash) to each one. This is the fire of yoga. It is in this fire of yoga that your sins can be incinerated. It is as though Baba sits here and gives everyone light. He gives a searchlight to each soul. The Father says: I sit here and give a *current* to all you souls to fill you all with *power*. If your intellect is wandering around outside, you won't be able to *catch* the *current*. If the intellect of you souls continues to wander around somewhere or other, what would you receive? If you give love, you will receive love. If your intellect is wandering around outside, your *battery* cannot be *charged*. The Father comes to *charge* your *battery*. His duty is to do service. Children, only you would know whether you accept this service or not. The Father tells you what thoughts you should have as you sit here. I am the Supreme Soul. You have yoga with Me, the Battery, so that I can give you a current of light and might. I lovingly give a current to each of you. You sit here to remember the Father. The Father says: I give sakash to each of you souls. I sit in front of you and give you *light*. You do not do this. Those of you who are to catch that light will do so and your battery will be charged. Day by day, the Father continues to give you tactics. However, it all depends on how much you understand and don't understand. It also depends numberwise on the students. You are given very rich nourishment, but you have to be able to digest it. This is a huge *lottery*. This is the *lottery* that you receive for birth after birth and cycle after cycle. You must pay full attention to this. You are receiving a current from Baba. Baba is sitting in the centre of this forehead next to this one. You must consider yourself to be a soul and remember Baba, not Brahma. You sit here to have yoga with that One. Even while seeing this one, you must look at that One. It is a question of the soul. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1.

Take the *searchlight* from the Father early in the morning to cleanse your soul. Remove your intellect's yoga from outside and link it to the one Father and catch His *current*.

2. Maintain true brotherly love and give *regard* to everyone. The soul, the brother, is present on the immortal throne. Talk to others in the consciousness of them being seated at the centre of the forehead.

Blessing: May you become a spiritual rose by constantly remaining in a spiritual stage and seeing others as spirits.

Those who are spiritual roses constantly have spiritual fragrance. Wherever those with spiritual fragrance look or whomever they see, they will only see the spirit and not the body. Therefore, always remain in a spiritual stage and see others as spirits. Just as the Father is the Highest on High, in the same way His garden is the highest on high, in which you children are the special decoration, the spiritual roses of that garden. Your spiritual fragrance is such that it can bring benefit to many souls.

Slogan: If, in order to give happiness to someone, you break any code of conduct, that will accumulate in the account of sorrow.

* * * O M S H A N T I * * *

- **Essence:** Sweet children, recognize the difference between the Father's activity and that of the children. The Father can play with you children, but He cannot eat with you.
- **Question:** What is the meaning of, "The company of the Truth takes you across and bad company drowns you"?
- Answer: You now have the company of the Truth, that is, you connect your intellect's yoga to the Father and so you are able to go across. Then, gradually, you come into the consciousness of the body and you thereby continue to come down because you are coloured by the company. This is why it is said: "The company of the Truth takes you across and bad company drowns you." Forget your body and all bodily relations and stay in the company of the Father, that is, remember the Father and you will become pure like the Father.

Om shanti. Now there are two classes for you children. That is good. One is the pilgrimage of remembrance through which your sins are cut away and you souls continue to become pure. The second class is that of knowledge. Knowledge too is easy. There is no difficulty. There is a difference between your centres and here. The Father and the children are sitting here. This is the gathering of the Father and the children, whereas at your centres, there are gatherings of you children. This is why you children come here personally. Although you remember Him, here you see Him in front of you: I sit with You, I talk to You. The Father has explained that there is a difference between the Father's activity and that of you children. Just think about what Baba's part is and what the part of the chariot is? Can the Father play through the chariot? Yes, He can play through him. You say "I sit with You" and, similarly, you say "I eat with You." However, He doesn't eat. The Father understands that "to play with the children" means both of them play with you. He does everything here with you because He is also the Supreme Teacher. It is the Teacher's duty to entertain you children. There are indoor games. Nowadays, there are very many types of game. There is a very well-known game similar to chess and this has been mentioned in the Mahabharata. However, that is a form of gambling. Those who gamble get caught. All of those things have been extracted from the religious books of the path of devotion. You know that holding fasts and observing disciplines etc. are all things of the path of devotion. Some stay without water for a few days, some stay without food and water for a few days. If there is any attainment on the path of devotion, it is only temporary. Here, everything is explained to you children. They stumble around a lot on the path of devotion. The path of knowledge is the path of happiness. You now know that you are claiming your inheritance of happiness from the Father. On the path of devotion too, you have to remember the One. The worship of One is unadulterated worship and that is also good. Devotion also goes through the stages of sato, rajo and tamo. The highest of all devotion is satoguni devotion of Shiv Baba. Shiv Baba Himself comes and takes all of you children to the land of happiness. They call out to the One who serves the children the most and makes you pure. They then say that He is in the pebbles and stones! So that is defamation. You children received your fortune of the kingdom from the unlimited Father. You will definitely receive it again. You consider knowledge to be separate from devotion. You know numberwise according to your efforts how the kingdom of Rama continues and how the kingdom of Ravan continues. This is why you continue to have leaflets etc. printed because people need to have real understanding. Everything of yours is true. Children, you have to do service. There is a lot of service to be done. This badge itself is so good for service. The greatest scripture is this badge. These are things of knowledge. Here, you have to explain that this pilgrimage of remembrance is separate. This is called the mantra that cannot be chanted. Here, you don't have to chant anything. You don't have to say "Shiva, Shiva" internally. You simply have to remember the Father. You know that Shiv Baba is the Father and that we souls are His children. He Himself personally comes in front of you and says: I am the Purifier. I come to purify you every cycle. Renounce all bodily beings, including your body, and consider yourself to be a soul. Remember Me, your Father, and you will become pure. My part is to purify the impure. This yoga is of the intellect, that is, it is the company of the Father. You are coloured by your company. It is said: The company of the truth takes you across and bad company drowns you. You are able to go across by connecting your intellect's yoga to the Father. Then you begin to come down. It is remembered of Him:

The company of the Truth. Those on the path of devotion do not know the meaning of this. You souls understand that you are impure and that by having yoga with the One who is ever pure, you become pure. The soul has to remember the Father, the Supreme Soul. When a soul becomes pure, he receives a pure body. He becomes real gold. This is the pilgrimage of remembrance. Your sins are burnt away and the alloy is removed through the fire of yoga. You know that you were pure and totally viceless in the goldenaged new world. You were also sixteen celestial degrees full. Now no degrees remain. This is called the omens of Rahu. There are the omens of Rahu over the whole world, and especially over Bharat. The body is ugly and whatever you see with those eyes is ugly. As the king and queen, so the people. No one understands the meaning of "ugly and beautiful". They have given so many names. The Father has now come and explained its meaning. You were beautiful at first and then you became ugly. You become beautiful by sitting on the pyre of knowledge. Nevertheless, you have to become beautiful from ugly and ugly from beautiful. The Father has explained the meaning of this to you children. We souls only remember the one Father. It has entered your intellect that you are a point. This is called *realization* of the soul. Then there is the *insight* to see. These matters have to be understood. You have to understand the soul. I am a soul and this is my body. I have come here and entered a body to play my part. According to the drama-plan, we come here first. All are souls. Some have a long part and others have a short part. This is a very big unlimited play. You know how you come here numberwise and how you play your part. First of all there is the deity clan. You receive this knowledge now at the most auspicious confluence age. Then, at the end, none of this will remain. The Father Himself says: This knowledge will disappear. No one knows how the deity religion was established. There are the images of it, but no one knows how it was established. You children know this and then you make others similar to yourselves. When there are many of you, you will definitely have to use a loudspeaker. A method will definitely emerge. You will also need a large hall. Whatever act you carried out in the previous cycle, you will carry that out again. You understand this. The number of you children will continue to grow. Baba has told you to explain to those who build halls for weddings. Here too, they are building dharamshalas to hold wedding ceremonies. Those who belong to our clan will quickly understand. Those who don't belong to this clan will create obstacles. Those who belong to this clan will believe that this is the truth. Those who don't belong to this religion will fight. They say that there has always been this custom. It is now the impure family path. The Father has once again come to make you pure. You emphasise purity and this is why there are so many obstacles. They give so much respect to the Aga Khan. There is respect for the Pope too. You know what the Pope comes and does. He carries out a wedding ceremony for hundreds of thousands and millions. Many weddings take place. The Pope comes and has the bracelet tied. Those people consider that to be an honour. They even invite great souls to the wedding. Nowadays, he even carries out engagement ceremonies. The Father says: Lust is the greatest enemy. This ordinance is not like going to your aunty's home. Very good tactics are needed to explain. As you progress further, they will gradually begin to understand. Explain to those who belong to the original eternal Hindu religion. They will quickly understand that it truly was the original eternal deity religion, not the Hindu religion. Just as you receive this knowledge from the Father, so too, others will understand and the number of you will continue to grow. You also have the firm faith that the saplings will continue to be planted. You are becoming deities by following the Father's shrimat. They are the residents of the new world. Previously, you didn't know that the Father would come at the confluence age and transfer you. You didn't know this at all. You now understand that this truly is the most auspicious confluence age. You are becoming the most elevated. However much effort you make, accordingly that is what you will become. Each one of you has to ask your heart. Whatever subject you are weak in at school, you understand that you would fail that. This too is a pathshala, a school. The Gita Pathshala is very well known. They have changed its name slightly. When you write, "The real Gita and the false Gita", they get upset. There will definitely be conflict. There is no need to be afraid about this. Nowadays, there is the fashion of burning buses etc. They continue to set everything on fire. They learn whatever someone teaches them. People have now learnt a lot more than they knew previously. They continue to have *picketing* etc. The Government experiences a loss every year,

and so taxes are increased. One day the banks will open everyone's box. They continue to search people's homes for food to make sure that they haven't stored too much. You are free from all of those things. The main thing for you is the pilgrimage of remembrance. The Father says: I do not have any connection with those things. My duty is just to show you the path so that all of your sorrow will be removed. At this time, your karmic accounts are being settled. All the illnesses that still remain will also emerge. The karmic accounts of the karma performed at the end also have to be settled. You mustn't be afraid. Illness also reminds you of God. You can go and give this *knowledge* at the *hospitals*: Remember the Father and your sins will be absolved. It is not a matter of just this one birth. I guarantee that you will not fall ill for your future 21 births and, also, by remembering the one Father your life-span will increase. The life-span of the people of Bharat was long, they were free from disease. The Father is now giving you shrimat to make you elevated. You must never forget the words, "most elevated and auspicious". You are the ones who become this every cycle. No one else can say this. So, in this way, you can do a lot of service. You can make an appointment with doctors at any time. Those who have a job can also do a lot of service. Tell the patients: We too have a doctor. He is the imperishable, unlimited Surgeon. We now belong to Him and through this we will become free from disease for 21 births. Explain to the health ministers: People make so much effort for health. There were very few people in the golden age. There was peace, happiness and purity. There was everything. Only you bring benefit to the whole world. You are the guides. You are the Pandava community. This would not be in anyone else's intellect. Explain to the Minister of Food. Shiv Baba is the greatest Food Minister of all. He gives so much food that there will be nothing lacking in heaven. You are now at the confluence age. You have the whole cycle in your intellect and this is why you are called spinners of the discus of self-realisation. However, Bharat has become insolvent. You children know that the One who has wisdom has come to continue to teach you His wisdom. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Make the one Father your Companion and experience, "I sit with You, I listen to You alone, I eat with You." Renounce bad company and stay in the company of the Truth.
- 2. Settle your karmic accounts and the suffering of karma with the pilgrimage of remembrance and become completely pure. Transfer yourself completely at the confluence age.
- **Blessing:** May you be free from any bondage of karma and experience the karmateet stage by keeping a balance of karma and yoga.

Let there be a balance of karma and yoga and you will automatically experience success in every action. A karma-yogi soul never becomes trapped in any bondage of karma. Only those who are free from the bondage of karma are said to be karmateet. Karmateet does not mean to be beyond karma, or to be detached from karma, but to become detached from the bondage of karma. Through their actions such karma-yogi souls make the actions of many others elevated. For such souls, every task is an entertainment; it would not be experienced as difficult.

Slogan: God's love is the alarm clock that awakens you at amrit vela.

OM SHANTI

Essence: Sweet children, practise going into *dead silence*. Let the intellect remain drawn to the Father. The Father will then give you sakash (a current of power) to enable you to become bodiless.

Question: When you children receive the third eye of knowledge, what vision do you receive?

Answer: You have the vision of the *part* you have played from the beginning of the golden age to the end of the iron age. You understand the beginning and the end of the whole world. To know all this means to have a vision. You now understand that you were deities with divine virtues, you then became devils and you are now once again becoming deities again with divine virtues. You are now to go to the new world, to your new home.

Om shanti. You children sitting here are on the pilgrimage of remembrance. The unlimited Father has no need to go on this pilgrimage, for He is the One who gives you children a current (sakash) to help you, that is, He enables you to forget this body. Children, you receive this help from the Father in order for you to forget your body. He gives you souls (sakash) a current of power, because He only sees the soul. The intellect of each of you is now drawn to the Father, and the Father's intellect and drishti are also drawn to the children. There is a difference. (There were a few minutes of dead silence). Continue to practise this stage of *dead silence*. You want to leave the body and become separate. The soul realises that the more he continues to have remembrance, the more he will be able to leave this body. They give the example of the snake. There must be some wonder in the examples that have been given. You understand you will leave your bodies and return home and that you will then come down here again. No one else understands these things. No one else understands the drama. No one else is able to guarantee that your sins will be destroyed by having remembrance. No one relates such things to you. You children understand that this is now your return journey. The yoga of the soul's intellect is drawn in that direction. The drama is now about to end. It is now time to go home. You have to remember the Father. He is the Purifier. The water of the Ganges cannot be "the Liberator" or "the Guide". Only the one Father can be the Liberator and the Guide. You have to understand these things very well and then explain them to others. That is the path of devotion; there is no benefit in it for anyone. Children, you understand that water is simply for bathing; it cannot purify you. It isn't that they even receive any return for that devotion. On the path of devotion they give it great importance. This is called blind faith! By continuing to have blind faith in this way, the human beings receive the title "The children of the blind are also blind." God speaks: You know who have sight and who are blind. You have now come to know the beginning, the middle and the end of the world drama from the Father. Now that you have recognised the Father, you are able to recognise the beginning, the middle and the end of the world and the duration. Churn every aspect of the ocean of knowledge and then decide for yourself. There is a contrast between the paths of devotion and knowledge. This knowledge is completely unique. This knowledge is famous. It is the study of Raja Yoga. Children, you understand that the deities were completely viceless. The Father, the Creator, sits and gives His own introduction. He is the Supreme Soul. The Supreme Soul is called God. In English, He is called "Supreme Soul" and soul means atma. The Father's soul is no larger than any other soul. The Father's soul is the same as that of you children. It isn't that the children are smaller and the Father is larger. No. This Supreme knowledgeful Father explains to you children with great love. It is the soul that has to enact its *part*. Surely it has to take a body to play its *part*. The home of the soul is the land of peace. Children, you understand that you souls reside in the great element of light. Just as those who live in the land of Hindustan call themselves Hindus, similarly, the souls who come from the land of the brahm element think that the brahm element is God. The reasons for falling are fixed in the *drama*. No matter how much effort anyone makes, no one can return home. When a play has finished, all the actors come together on the stage. The Creator and the main actors all stand together. Children, you can understand that this drama is now about to end. None of the sages and holy men know these things. No one has this knowledge of the soul. The Supreme Soul, the Father, only comes here once. Everyone has to play their *part* here. Expansion continues to take place. Where have all the souls come from? If souls could return home, then there would be that system. If one were to come and another were to go, how could there be the connection of rebirth? In fact, rebirth has continued from the beginning. The first ones are Lakshmi and Narayan. The Father has explained that while taking rebirth, when they reach the end, they then go and become the first ones again. There can be

no doubt about any of this. It is the Father of souls Himself who comes and explains. What does He explain? He gives His own introduction. Did you know anything before about who the Supreme Soul was? You just went to the temples of Shiva. There are countless temples here. In the golden age, there are no temples or worshipping etc. There, you become the worship-worthy deities. Then, after half a cycle, you become worshippers and can no longer be called deities. Then the Father comes and makes you worshipworthy again. This praise is not sung in any other land. You now understand what the kingdom of Rama and the kingdom of Ravan is. You have to prove to people the *duration* of the kingdom of Rama. This is a play which you have to understand. The Father is the Highest on High, and He is also knowledgefull. Through Him we become the highest of all; we attain a status that is also the highest. The Father is now teaching us, and so we must imbibe this as well as the divine virtues. Children, you have been reciting what the deities were like and what you yourselves are now. You now understand that you have to become as completely viceless as the deities. There is no other method to accomplish this except to remember the Father. If anyone else knows how to accomplish this, tell us! You cannot say the brahm element is viceless. No. It is the soul that becomes viceless. The brahm element cannot be the soul either. That is just the place in which you souls live. It has been explained to you children that the intellect is in the soul, and that when the soul becomes tamopradhan, the intellect becomes senseless. And so, there are those who are sensible and those who are senseless. Your intellect becomes completely clean, and then it becomes dirty. You children understand the contrast between *purity* and *impurity*. An *impure* soul cannot return home. Now, how can it become pure? This is what they have been crying out for. This too is fixed in the *drama*. You now understand that it is the confluence age. The Father comes only once to take you home. Not everyone will go to the new world. Those who do not have a *part* there will remain in the land of peace. This is why it has also been shown in the pictures. All the pictures etc. belong to the path of devotion. These pictures belong to the path of knowledge through which it has been explained how the world cycle turns. You understand how you came down from sixteen celestial degrees to fourteen, from fourteen to twelve and how, now, there are no degrees remaining. Everyone is numberwise. Actors are also numberwise. Some receive a salary of 1,000, some 1,500, some 500, some 100 and some 150, and so there is a great difference. There is also a difference of day and night in study. In those schools, if they fail they can study again, but here there is no question of studying again. Your status is reduced. You will not be able to study this knowledge. This study is only possible once. The Father also only comes once. Children, you understand that at first there was just the one kingdom. Explain this to others and they will accept these things. The Christians are very clever at science as well. Everyone else learnt those things from them. Their intellects become neither divine nor stone-like. At this moment, their intellects are performing wonders. Science has grown so much through the Christians. Science is also intended for happiness. You understand that the old world has to be destroyed. Then we will go to the land of peace and the land of happiness. How else would all the human souls return home? Destruction will take place through science. All the souls will shed their bodies and return home. Liberation is latent in this destruction. For half a cycle, everyone has been making effort for liberation. This will now happen through science and natural calamities which are called "Acts of God". It should be understood that this war is an instrument to make souls return to the land of liberation. So many will have to go to the land of liberation. No matter how much effort you made practising hatha yoga and adopting gurus, no one has been able to go to the land of liberation. So many bombs etc. have been prepared through science, and so it has to be understood that destruction is to take place. There will be very few people in the new world; all the rest will return to the land of liberation. You will go to the land of liberation-in-life with the power of your study. You rule a kingdom that is stable, unshakeable and steady. Just look at all the lands here; they have all been divided! The Father is making you into the masters of the kingdom of the world, the kingdom that is steady and unshakeable. The unlimited Father's inheritance is the unlimited kingdom. Who gave this inheritance and when? This does not enter anyone's intellect. Only you understand. You souls have the third eye of knowledge. The souls become the embodiment of knowledge. You can only become this through the Father, the Ocean of Knowledge. The Father comes and gives you the *knowledge* of the Creator and the beginning, the middle and the end of creation. In fact, this only takes a second. Liberation in Life within in

a second. Everyone else receives liberation. The drama is fixed in this way. Everyone is liberated from Ravan's bondage. Those people try so hard to bring about peace in the world. Only you children understand when there is peace in the element of light and in this world. Peace will be experienced in the land of the element of light, and there will also be peace and happiness here in this world. This world is distinct from the element of light. The element of light is beyond the moon and the stars. There is nothing of this world there. It is called the world of silence. You leave your bodies and go into that world of silence. Children, also remember that and so you are now preparing yourselves to return there. No one else knows this. You are now being inspired to prepare for this. The war to come will be beneficial; everyone's accounts will be settled. Everyone will become pure. Yoga is a fire. Everything becomes pure through the fire. Just as the Father knows the beginning, the middle and the end of the drama, you actors also know the beginning, the middle and the end of the *drama*. To understand this means to have vision. Your third eye of knowledge has now opened. You definitely have now come to know all the things of the world from the beginning of the golden age to the end of the iron age. No other human beings know this. You understand that you are the ones who had divine virtues, and that you are also the ones who had devilish traits. Then the Father once again comes to make you into those with divine virtues. The Father comes to purify the impure. No one else in the world knows that those who belong to the deity clan are the ones who take the full 84 births. They become pure and also impure. This is not in the intellect of anyone else. You understand that all of these images are non-living. No one can create an accurate image of them. They were *naturally* beautiful. A *pure* body is created out of *pure* elements. Here, they are *impure*. All the people of this world with their variety of colours will not exist in the golden age. Krishna is called the ugly and the beautiful one. In the golden age he is beautiful, and in the iron age he is ugly. How would he go from the golden age to the iron age? You understand everything from the number one soul onwards. As soon as the baby emerges from the womb he is named Krishna. A name is definitely needed. You would say that the soul of Krishna is beautiful and then becomes ugly and that is why he is called "the ugly and the beautiful one". Once you receive the horoscope of this one, you are able to understand the astrology of the whole cycle. It is filled with so many secrets that only you know. No one else knows these secrets. You now have to go to the new world and the new home. Those who study well will go to the new world. The Father is the Master of the whole unlimited world. He is the Father of all souls. The Father is called the Master. This is a study. There can be no doubts or questions within this study. You don't need to debate the scriptures here. This one *Teacher* is the most elevated, and He sits and teaches you. He alone is the Truth. He tells you, in the form of teachings, the story of how to become the true Narayan. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Settle all your karmic accounts and prepare yourself to return to the *world* of *silence*. Make the soul completely pure with the power of remembrance.
- 2. Bring into practice the knowledge of the Ocean of Knowledge. Churn the ocean of knowledge and make decisions for yourself. In order to claim an elevated status in the life of liberation, imbibe the divine virtues.
- **Blessing:** May you become free from attachment through having feelings of mercy and feelings of being an instrument.

At the present moment when any soul becomes unhappy due to tiredness, they ask for mercy. Therefore, you children of the Bestower should have mercy for your brothers. No matter how bad someone may be, you should have the feelings of mercy for them, then the feelings of hatred, anger and jealousy will not come. The feeling of being an instrument enables you easily to have the feelings of an instrument, not mercy through attachment. True mercy enables you to become free from attachment because there is no body consciousness in that.

Slogan: To give co-operation to others means to accumulate in your own account.

Generosity is the basis of the speciality of a gathering.

Today, Baba has come to meet the special souls who are the special images of support for world transformation, the support of unlimited service of the world, the images who, on the basis of their elevated awareness, their unlimited attitude and their sweet words, give zeal and enthusiasm to others and who are humble instruments. Does each one of you experience yourself to be an image of support in this way? The gathering of the souls who are the support has such an unlimited responsibility. To be the image of support means constantly to consider oneself to be responsible at every moment, in every thought and in every action as you move along. To come into this gathering means to wear the crown of unlimited responsibility. This gathering, which you call a *meeting*, to come to this *meeting* means to be tied to the Father, to service and to the family with the thread of elevated thoughts of love and to tie others too. You are the support of this. To come into this gathering of instruments means to make yourself an example to everyone else. This is not a *meeting*, but it is constantly tying yourself in the bond of the pure thought of becoming an elevated being who follows the highest code of conduct. In this gathering of those who are the support, all the specially selected jewels from everywhere have gathered together. Selected means those who have become equal to the Father. The basis of support for service means an image who uplifts the self and uplifts everyone else. To the extent that you are an image who uplifts yourself, so you will become an instrument to uplift everyone else. BapDada was seeing in this gathering the children who are images of support and images of upliftment, and He was especially seeing your specialities. You have become the images of support and you have also become the images of upliftment. In order to achieve success in both of these things, what third thing do you need? It is because you are the images of support that you have been invited to come here and it is because you are the images of upliftment that you have made *plans*. To uplift means to do service. What third thing did Baba see? To the extent that you are part of a special gathering, so you are generous-hearted. To what extent do you have words of generosity and feelings of generosity? Because, to be generous-hearted means constantly to have a generous heart and a big heart in every task. In which aspect should you have a generous heart and a big heart? Be generous-hearted in making everyone move forward with your good wishes for everyone. Whatever is yours is mine and whatever is mine is yours because everything belongs to the one Father. Be generous-hearted and big-hearted in having this unlimited attitude. Have a generous heart, that is, have a heart that has the feelings of a bestower. Be generous-hearted in being a great donor of the virtues, powers and specialities you have attained. To donate the wealth of knowledge through words is not a big thing. However, donate virtues and become cooperative in giving virtues. To use the word "donation" is not worthy of Brahmins. To make someone virtuous through your own virtues, to co-operate in filling souls with specialities is called being a great donor and generous-hearted. To be so generous-hearted, to have such a generous heart is called, "Following the *Father*". What are the signs of those who are generous-hearted to this extent?

Baba especially saw three signs. Such a soul will always be free from jealousy, dislike and criticizing anyone (which you call taunting). This is called being generous-hearted. Jealousy distresses you and also distresses others. Just as you speak of the fire of anger, similarly, jealousy too works like a fire. Anger is a big fire and jealousy is a small fire. Dislike will never allow you to experience the stage of having pure and positive thoughts for others and constantly having pure and positive thoughts for yourself. Dislike means to make oneself fall and also make others fall. In the same way, to *criticize* – whether it is just as a *joke* or whether you are being *serious* – causes sorrow in such a way that it is as though you push them as they are moving along. It means to kick them. When someone trips you up you fall, then, because you are hurt, either lightly or seriously, you lose courage. You continually keep thinking about your hurt. And, while you are still hurt, you definitely continue to remember in one way or another the one who caused you that hurt. This is not an ordinary thing. It is very easy to say something about someone. However, hurting someone, even by just joking, becomes a form of great sorrow. This too is in the *list* of causing sorrow. So, do you understand? To the extent that you are an image of support, so you are an image of upliftment and

an instrument who is generous-hearted, one with a generous heart. You understood the signs, did you not? Someone with a generous heart will have this generosity.

The gathering is very good. All the well-known ones have come. You have also created very good *plans*. You are instruments to put the *plans* into a *practical* form. You yourselves are just as good as the good plans you have made. The Father likes you. You love service very well. The basis of success in service all the time is generosity. The aim and the pure thoughts of all of you are very good and all of you have the same thought. You simply have to *add* one word. You have to reveal the one Father. You have to reveal Him while being united. You simply have to make this *addition*. People on the path of ignorance signal upwards with one finger in order to give the introduction of the one Father. They do not signal with two fingers. The symbol of co-operating is also shown as one finger. That symbol of the speciality of you special souls has continued.

So, in order to celebrate and to make plans for the golden jubilee, constantly remember two things: "Unity and Concentration". These two are the elevated arms of success that carry out the task. Concentration means to be constantly free from waste and negative thoughts. Where there is unity and concentration, success is the garland around your neck. You have to carry out the task of the golden jubilee with these two special arms. All of you have two arms. So then, also add these two arms and you will become four-armed images. The true Narayan and MahaLakshmi have been shown with four arms. All of you are the true Narayans, the Mahalakshmis. Carry out every task while being four-armed, that is, become an image that grants visions. Don't do anything with just two arms, do everything with four arms. You have just celebrated the golden jubilee (marked with the ceremonial worship of Ganesh). Ganesh is also shown with four arms. BapDada takes a photo of how all of you are sitting. Not physically. Baba takes a photo of the seat of the stage of your mind. Someone could be saying anything with words, but Baba tapes the words of the mind, of what they are saying with the mind. BapDada has *taped* cassettes of everyone. He also has pictures. He has both. Whatever you want – Video, TV – He has. All of you have your own cassette, do you not?

Everyone loves the *youth plans*. This is also a matter of zeal and enthusiasm. It is not a matter of force. Whatever the enthusiasm in your heart, that automatically creates an atmosphere of enthusiasm in others. So, this is not a rally, but a rally of enthusiasm. That is just in name. Whatever task you are carrying out as an instrument, let it have the speciality of zeal and enthusiasm. Everyone likes the *plans*. In the future too, as you continue to put the plans into a practical form while being one with four arms, further addition will continue to take place. The thing that BapDada liked best of all was that everyone had the one thought of zeal and enthusiasm to celebrate the golden jubilee with a lot of pomp and splendour. This foundation of the thought of everyone filled with zeal and enthusiasm is the same. Constantly underline this word one and continue to move forward. You are one, and this is the task of the One. No matter in which corner the task is being carried out, whether it is in this land or abroad, it may be in any zone, it may be the *East* or the West, but you are all one and it is the task of the One. This is everyone's thought, is it not? You have already made this promise, have you not? Not a promise in words, but a promise in your mind, that is, to have that undeterred thought. No matter what happens, it cannot be deterred – undeterred. Have all of you made such a promise? Whenever there is an auspicious task then, in order to make a promise, first everyone has a thought and the sign of that is tying a bracelet. They may tie a thread around the wrist or tie a bracelet of anything else on those who are going to carry out that task. So, this is the bracelet of elevated thought, is it not? Just as everyone inaugurated the bhandari with a lot of zeal and enthusiasm today, so too, now also have this bhandari in which everyone writes this note considering it to be an undeterred promise. There will be success when both the bhandaris are together (kitchen and Baba's box). And it should be from your heart, not just superficially for show. This is the foundation. This is the basis of becoming golden and

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celebrating the golden jubilee. For this, simply remember one slogan: "I will neither become a problem nor will I fluctuate on seeing a problem." I will be an embodiment of solutions who gives solutions to others. This awareness will automatically make the golden jubilee successful. When the *final golden jubilee* takes place, everyone will experience your *golden* form. You too will see the *golden world*. You won't just say that the *golden* world is coming, but you will show it to them *practically*. Just as magicians continue to say: "Look at this", while showing it to you at the same time, so too, your *golden* face, your sparkling forehead, your sparkling eyes and your sparkling lips should all give a vision of the *golden age*. You make those pictures, do you not? In one picture, one minute you see Brahma, and the next minute you see Krishna or Vishnu. They should have a vision of you in the same way. One minute an angel, one minute a world emperor, world empress, one minute wearing an ordinary white costume. All these different forms should be visible through your *golden* image. Do you understand?

Since a bouquet of the selected spiritual roses has gathered together, and one spiritual rose has so much fragrance, then such a big bouquet would perform great wonders! And each star has a world in it. You are not alone. There isn't a world in those stars. You stars have a world in you. Wonder has to take place! It has already taken place. It is just that someone has to take the initiative and become Arjuna. Nevertheless, Arjuna means one who is *number one*. Now, give a prize on this basis. In the whole golden jubilee, do not become a problem, do not look at problems. Let there be all three specialities: free from obstacles, free from negative thoughts and viceless. Give a prize to those who have such a *golden* stage. BapDada is also pleased. There would be happiness on seeing the children who have a broad and unlimited intellect. Just as you have an unlimited intellect, so too, have an unlimited heart. All of you have an unlimited intellect and this is why you have come here to make plans. Achcha.

To those who are constant images of support, images of upliftment, to those who are constantly generous with their generous heart, to those who constantly remain stable in the constant stage of being united and carrying out the task of the One, to those who constantly remain stable in unity and concentration, BapDada's love, remembrance and namaste to those who have such an unlimited intellect and an unlimited heart.

BapDada speaking to the senior brothers and sisters:

All of you had a *meeting*. There is success in elevated thoughts. The speciality is to move constantly forward with zeal and enthusiasm. Specially try and experiment by serving through the mind. Serving through the mind is like a magnet. A magnet can pull a needle from so far away. In the same way, by serving through your mind, souls will come close to you whilst sitting at home. At the moment, you remain busy outside a lot more. Now *use* the service of the mind. The success of all the big tasks that has taken place has been through service of the mind. When those people perform the divine activities of Rama (Rama Leela) or they carry out a task, then, before carrying out that task, they take a vow to keep their stage according to that task. So, all of you should also take a vow to serve through the mind. Because of not taking this vow, you remain in upheaval a lot more. This is why the result is sometimes one thing and sometimes another thing. Greater practice of serving through the mind is needed. In order to serve through the mind, the stage of being a *light-and-might-house* is needed. Both light and might are needed together. Be a might and speak in front of the mike. Let there be might and let there be a mike. Your mouth is also a mike.

So, be the might and speak through the mike. It should be as though you have come down from up above with a powerful stage and that, as an incarnation, you are giving everyone this message. I am an incarnation speaking. I have just incarnated. The stage of an incarnation is powerful. The one who comes down from up above has a *golden-aged* stage. So, when you consider yourself to be an incarnation, that is the powerful stage. Achcha.

Blessing: May you be one who is loving to God and instead of being impressed by someone's goodness, imbibe that goodness yourself. If you want to be loving to God, then check the obstructions of body consciousness. Some children say, "This one is very good", and this is why they have a little mercy for them. Some have attachment to someone's physical form, some have attachment to someone's virtues or specialities. However, who was it who gave that virtue or speciality? If someone is good, then you may imbibe that goodness, but do not become impressed with that goodness. Be detached and loving to the Father. Such loving children, that is, such children who love God, are constantly safe.

Slogan: Make the power of silence emerge and the speed of service will become fast.

OM SHANTI